



Our Expert Tutors: NEBOSH - Antaris

Our tutors have been presenting NEBOSH Accredited courses since 2005. Year on year we exceed NEBOSH average exam pass rates. Two SQT students on the International OHS Diploma course - Stephanie Cunningham (Pepsico) and Kevin Marley (Xerox) achieved Joint BEST Candidate across all NEBOSH Students GLOBALLY for 2012/2013.

SQT's tutors Antaris, have been working with companies to implement Health & Safety and Environment Systems successfully since 1994. Our highly qualified and practically experienced tutor team have assisted companies to implement ISO 14001, OHSAS 18001, have undertaken Risk Assessments, prepared method statements and assisted many organisations in complying with their Health & Safety and Environmental Legislative requirements and meeting third party audits.

The tutor team have a wide range of technical qualifications and expertise in all Environmental and Health & Safety areas to ensure they deliver the solutions and expertise you need.





What our Customers say:

"I got top class tutoring and overall support during my NEBOSH International Diploma. Very professionally organised program. A special mention for our tutor Finbarr who was available 24/7 for any help and guidance. An evidence of Finbarr's competence in tutoring is that all four of my fellow students passed Unit-A, B, and C in first attempt, so 100% result!"

Zeeshan Uquaily, Health and Safety Advisor, Shell E&P Ireland and HSSE Manager Pakistan & Oman (Formerly)

"I have recently completed the NEBOSH International Diploma in Occupational Health and Safety with SQT. The clear and concise delivery of the course along with the wealth of experience displayed by our lecturer Finbarr Stapelton meant that the vast amount of information was easily absorbed. I particularly enjoyed the varied format - presentations, discussions, videos etc. So much was packed into the classroom days. Excellent value for the time spent. The level of support from Finbarr and SQT over the duration of my studies was exceptional and guided me through the personal commitment of trying to mix a career along with family life and part time study. The course was an excellent insight into the various different aspects of Health and Safety to which I had limited experience of and conversing with students from other industries along with Finbarrs experience proved invaluable when it came to exam time. Not only did the course provide me with a greater in-depth knowledge of my chosen profession but also generated a large amount of innovative concepts I could take back to my workplace. I would highly recommend SQT and the NEBOSH International Diploma in Occupational Health and Safety to anyone looking to pursue a career in

Health and Safety."

Richard Sherlock, EHS Manager, Techrete Ireland

"I have recently completed my NEBOSH International Diploma in Occupational Health and Safety through SQT. It is a very comprehensive and challenging course and covers a wide range of topics and scenarios. Delivered by the very knowledgeable and experienced Finbarr Stapleton, who puts a huge amount of preparation into it and ensures it is practical and stimulating, there is also a strong emphasis on allowing students to interact and discuss important topics during tutorials. The course materials provided are excellent and back up all aspects of the course and will provide a reference point for me on a day-to-day basis too. I would highly recommend SQT and the NEBOSH International Diploma in Occupational Health and Safety." Ireland

Bryana Hindle, Health and Safety Officer, Ireland West Airport Knock

"I completed the NEBOSH International Diploma in Health and Safety through SQT with tutor Finbarr Stapleton. I found the SQT staff very reliable, courteous and efficient, always responding promptly to any queries. This is a broad ranging and challenging course with a lot of material to be covered in a short space of time, however the approach is a very interactive and practical with a strong focus on the exam at the end of each module and its success can be measured in the overall pass rates that students choosing SQT have achieved. The support materials provided such as course notes were to a very high standard and the workshops were very enjoyable, providing an opportunity to compare notes with people from different backgrounds. I would not hesitate to recommend this course to anyone wishing to develop their skills in the area of health and safety"

Martin Murphy, QEHS Manager, Waterford Stanley Ltd

"I just completed my NEBOSH International Diploma in Occupational Health and Safety through SQT and under the close guidance of Finbarr Stapleton. Finbarr and SQT gave us clear directions from start to finish in regards to the course, module and exam requirements to facilitate successful completion of this very comprehensive diploma. The course contents are 100% applicable to my work which has helped me to help others to be safe in their daily work environment. Even now I often refer to the excellent course material to get detailed advise on certain H&S related topics. SQT were very supportive throughout the time it took to gain this qualification, which now gives me the scope and knowledge to excel in my current role as HSE professional."

Stephanie Cunningham, HSE Specialist, PepsiCo Ireland * Joint BEST Candidate for the NEBOSH International Diploma globally during 2012/2013 *

"I completed my NEBOSH International Diploma in Occupational Health and Safety through SQT. As someone who had over 10 years of experience in Health and Safety I learned a lot from the course and it covers all aspects of H&S. Our tutor (Finbarr Stapleton) has excellent knowledge of the course topics and the practical application of these topics in the workplace. The group discussions were very useful to see how the topics applied to a range of industries represented on the course. Finbarr gave us clear guidance on what was needed to get the most from the course and what skills and preparation were required to pass the 3 exams and the project (Unit D) to facilitate successful completion of this very challenging diploma."

Bryan Mulchinock, EHS Specialist, Biopharma Industry, Dublin



West Airport



"I have recently completed the NEBOSH International certificate in Occupational Health & Safety with SQT and Antaris. SQT were brilliant in organising the course providing all the course material, a great venue as well as being only a phone call away if something needed clarification. Our tutor Finbarr Stapleton was very knowledgeable and very experienced in the area of Health & Safety. Finbarr presented the course excellently, providing relevant and up to date material as well as allowing the students to interact with each other and discuss important topics. Finbarr provided support to all students not just throughout the training days but also in the lead up to the exams.

The course is also a great way of meeting people from different industries and sharing experiences of Health & Safety in our relevant fields. I would recommend this course to anyone who has an interest in Health & Safety and would like to further develop their skills in this area."



Lana Mc Ginn, Quality & Safety Officer, Aramark Food services

"I have completed my NEBOSH International Diploma in Occupational Health and Safety. The course provider was SQT Training and tutor Finbarr Stapleton. I found SQT excellent with the organisation and administration of the course and Finbarr provided excellent tuition and guidance. Throughout the duration of the course he was always available for support, answering questions and responding to queries by email when required.

The course provides great detail on all subjects covered. I have found the learning material to have offered a fantastic insight into all aspects of Occupational Health and Safety. The course material provides useful and valuable reference points now that the course has been completed. I would highly recommend both SQT/Antaris and the NEBOSH International Diploma in Occupational Health and Safety."

Kieran Adams, Operations Manager, Gensys Power Limited



"SQT organised the NEBOSH International Diploma course so efficiently that all I needed to do was turn up. From the opening session through all the workshops the level of detail and back up information that supported the course notes was excellent. Finbarr presented the course on a number of different levels providing as much information as was available and this was backed up using Video, DVD, and also a lot of practical sessions allowing students to interact with each other and share experiences and knowledge. It was also very comforting to know that SQT were only a phone call or e mail away if further clarification was required. The course required a lot of personal commitment but this was made easier through the back up and support that was available. I would have no hesitation in recommending the course and the course provider to colleagues in the business."

Tim Hennessy, Safety Manager, Lakeland Dairies





Progressive Training for Progressive Organisations

Some of the Organisations our NEBOSH tutors have trained with...

ABP **Alcatel-Lucent Technologies Arvato Digital Services** Astellas Ireland Autolaunch **B&F** Meats Bank of Ireland **Biotrin International BOC Gases Ireland** Bord Gais Eireann **Boston Scientific** Braun Oral-B Ireland **Bulmers** Cadbury Trebor Bassett Celtic Anglian Water Central Bank of Ireland Chris Mee Safety Engineering CommScope EMEA Creganna Tactx Medical De La Rue Smurfit Dell Inc Department of Agriculture, Fisheries & Food Diageo Eircom **Environmental Protection Agency** ESBI ESSO Ireland Fexco **Gensys** Power Genzyme Ireland Glanbia Golden Vale Dairies Helsinn Birex Pharmaceuticals **Hewlett Packard** HJ Heinz Indaver Ireland Limited Ireland West Airport Knock Irish Aviation Authority Irish Blood Transfusion Service Irish Cement Irish Equine Centre

Irish Rail **Kerry Foods Kraft Foods** Lake Region Medical Ctr Lakeland Dairies Mayo County Council Medtronic Cardio Vascular Merck Millipore MSD Ireland **Musgrave Wholesale Service** Mylan Dublin NSAI **OpenHydro Technology** Pallas Foods PepsiCo Worldwide Flavours (PWF) Pfizer Ireland Pharmaceuticals Port of Waterford **Roche Ireland** Schneider Electric Ireland Sennheiser Consumer Electronics Gmbh Shell E&P Ireland Limited **SIAC Butlers Steel** Siemens SOLAS SR Technics (FLS Aerospace) SSE Renewables (Ireland) Symantec Syncreon Technology TAKEDA Techrete **Teva Pharmaceuticals Ireland** Theo Benning Ireland Gmbh Thermoking **Thorntons Recycling Tullow Oil PLC United Fish Industries UNIVAR** Ireland Waterford Stanley Wexford County Council Wyeth Nutritionals Ireland Xerox Europe