SQT

TRAINING THAT DEVELOPS
REAL CAPABILITY









Train the Trainer for Industry – QQI

Level 5

LPD029

Train the Trainer for Industry – QQI Level 5

People are an organisation's most valuable asset. Well trained individuals can significantly enhance performance, support compliance and strengthen adherence to quality standards. This programme goes beyond technical expertise by enabling future trainers to understand how others learn and to transfer knowledge in ways that are clear, structured and aligned with organisational requirements.

The Train the Trainer for Industry programme equips learners with the tools to train effectively in high-compliance, process driven environments where strict adherence to SOPs and work instructions is essential. Through practical exercises and structured methods, learners gain the skills to deliver consistent and high-quality training that directly improves learner capability on the job and ensures organisational compliance with production, process and quality standards.

This programme can be fully customised to support strategic organisational priorities while addressing individual learning goals.

Duration & Price

Duration: 2 days
Public Virtual Training: €625 + €95 fees
Delivery mode: This programme is available In-Company, and via Public Virtual Training

Dates & Locations

Date	Venue	
23 & 30 Nov 2026	Virtual	Book Date
18 & 25 Jan 2027	Virtual	Book Date
19 & 26 Apr 2027	Virtual	Book Date

In-Company Training

Please contact us for more information on our In-Company training options

What's covered?

The course blends theory, practical exercises and reflection to help learners gain confidence in their ability to train others. Every element is customised to reflect the learner's workplace environment and organisational standards. Key areas include:

- How adults learn in production, process and quality environments, including identifying different learning styles
- The Interactive Training Method, which is demonstrated and then practised by learners, ensures maximum compliance with SOPs and work instructions. *(Learners first apply this method in a classroom setting to build confidence and then progress to workplace-based exercises with peers to reinforce skills and embed knowledge effectively).*
- Designing training sessions tailored to workplace requirements, culminating in building learning interventions that reflect organisational needs and ensure consistency when training others.
- Practising delivery with observation and feedback, starting with peer exercises in a safe classroom environment before moving into customised workplace-based applications.
- Building communication skills for clarity and engagement, with opportunities for facilitated discussion, role play and skills practice that reflect real workplace scenarios.
- Best practice in assessment and validation to ensure learners achieve competency in line with regulatory standards
- Addressing challenges and managing difficult training situations, with group reflection, Tutor input and recommended strategies aligned to organisational support structures.
- Developing self-evaluation practices for continuous improvement, including structured self-awareness activities, group discussion and agreed actions for ongoing reflective practice tailored to individual roles.

Practical exercises and group reflection are woven throughout the programme and content can be adapted for In-Company delivery to align with organisational processes and priorities.

Programme schedule overview:

Week 1 – Day 1: Classroom session

Week 2 – Day 2: Classroom session

This timetable provides space between sessions for learners to reflect, research and practice, ensuring the application of new skills in real contexts.

Who should participate?

This programme is designed for individuals who train or plan to train others within production, process, or quality-focused roles. It is suitable for both new and experienced trainers and content can be adapted to suit different organisational needs. Because the programme is tailored to organisational needs, it is relevant across all sectors and adaptable to specific industries, teams and job functions.

Learners may include:

- New trainers preparing to take on training responsibilities
- Team Leaders and Supervisors who deliver structured workplace training
- Experienced Trainers seeking to refresh and enhance their methods
- Quality, Compliance and Process professionals tasked with skill transfer

The programme is tailored to each learner where possible, ensuring relevance across industries and roles.

What will I learn?

On successful completion of this course, learners will be able to:

- Analyse and apply principles of adult learning to training delivery in Production, Process and Quality environments.
- Design and deliver interactive training sessions that maximise learner engagement and ensure compliance with Work Instructions and Standard Operating Procedures (SOPs).
- Communicate effectively in workplace training contexts, adapting messaging, tone and methods to organisational and learner needs.
- Conduct and document assessments to validate learner competence using practical, workplace-based methods.
- Evaluate and respond to challenging training situations, selecting appropriate strategies and escalating issues to relevant personnel when necessary.
- Provide and solicit constructive feedback to support continuous improvement in training processes and learner performance.

These outcomes are designed to ensure that training delivery supports both learner growth and organisational performance.

What are the entry requirements?

Participants should ideally have one of the following:

- A qualification at NFQ Level 4 or equivalent
  and/or
- Be currently employed in a role that includes responsibility for training, mentoring, onboarding or structured skills transfer in the workplace

For applicants whose first language is not English, SQT recommends a minimum English language competency of greater than or equal to B2+ in the Common European Framework of Reference for Languages (CEFRL) for successful completion of this programme in line with SQT policy on English language competency.

How will I be assessed?

Assessment ensures learners demonstrate both knowledge and practical ability. A blend of Evaluation Analysis and Skills Demonstrations are required.

Assessment components:

- **Skills Demonstration (60%)**
  - Trainer Skills Demonstration
  - Evaluation Analysis of Trainer's Skills Demonstration
- **Trainer Guide (40%)**

Final assessment submissions are due 2 weeks after day 2.

How do we train and support you?

We use a highly interactive, practical methodology rooted in experiential learning. This ensures that every learner has the opportunity to apply new techniques, receive feedback and reflect on personal development throughout the course. Training delivery is always customised to organisational priorities and tailored to reflect real workplace situations.

Support elements include:

- Pre-training consultation for in-company courses to tailor content to learner and organisational needs
- Facilitated skills practice sessions recorded for feedback and individual reflection, allowing learners to experiment in a safe, supportive space
- Accredited training aligned to certification standards, with structured assessments and recognised best practices.
- Support through SQT's online learning platform (Moodle)
- Live training is available virtually or delivered onsite to suit the needs of the team

Class sizes are generally limited to 10-12 participants to support personalised learning and individual support. This small group approach allows the training to be adapted in real-time to learner and organisational requirements.

Programme accreditation

This programme is accredited at Level 5 on the National Framework of Qualifications. The course meets the requirements of Level 5 Specific Purpose Certificate in Train the Trainer for Industry (5 FET Credits).

How can you progress?

On completion of this programme, learners may progress to further qualifications in training, education and leadership.

- Training Delivery & Evaluation - QQI Level 6 (6N3326)
- Training Needs Identification & Design - QQI Level 6 (6S3372)
- Leading and Managing People - QQI Level 6 (6N2191)

This progression pathway allows learners to continue building expertise in training and professional development.

Tutors



Gina Ryan
View Profile

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on CourseCheck.com, an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



Click Here

SQT TRAINING THAT DEVELOPS *REAL* CAPABILITY

SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

LEAN SIX SIGMA, PROCESS & PROJECT MANAGEMENT

- Lean Six Sigma
- Join our Lean Six Sigma Network
- Continual Process Improvement
- Project & Programme Management

COMPLIANCE, STANDARDS & AUDITING

- Quality
- Environment & Energy Management
- Health & Safety
- Food Safety
- Life Sciences
- Laboratory
- Integrated Management Systems

LEADERSHIP & PERSONAL DEVELOPMENT

- Leadership & Personal Development
- Train the Trainer

QQI AWARD | IEMA - APPROVED - | CompEx Part of the JTL Group | FSPCA FOOD SAFETY PREVENTIVE CONTROLS ALLIANCE | CQI IRCA APPROVED TRAINING PARTNER | Chartered Institute of Environmental Health

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