



TRAINING THAT DEVELOPS
REAL CAPABILITY



Presentation Skills

LPD021

Presentation Skills

Strong presentation skills are now an essential requirement in modern business. Whether delivering to colleagues, clients or stakeholders, the ability to present thoughts and ideas clearly and persuasively sets professionals apart. This programme supports learners in developing confidence, refining delivery techniques and mastering the tools that make presentations memorable.

Even experienced presenters may experience nervousness prior to addressing an audience. This course addresses those challenges directly, providing proven strategies to manage anxiety, connect with listeners and communicate with credibility. Learners gain practical experience, constructive feedback and the confidence to deliver presentations with impact.

This programme can be fully customised to support strategic organisational priorities while addressing individual learning goals.

Duration & Price

Duration: 1-2 days

Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please [contact us](#) for more information on our In-Company training options

What's covered?

This highly interactive workshop builds the practical skills required to design and deliver impactful presentations. Learners will develop their confidence while exploring effective strategies for engaging audiences.

Key themes include:

- The critical parts and reasons for presentations
- Skills and competencies for effective presentations
- Communicating messages with clarity and context
- Interacting effectively with an audience
- Managing nerves with confidence
- Effective use of visual aids and multimedia
- Influencing and persuading audiences
- Preparing and tailoring presentations
- Handling audience questions
- Reading the audience's body language and non-verbal cues
- Openings, closings and attention-grabbers
- Practical delivery techniques
- Avoiding common mistakes and unhelpful beliefs
- Giving and receiving constructive feedback
- Skills practice with video playback for reflection

The programme is highly practical, immersive and delivered within a relaxed learning environment, expertly tailored to align with specific In-Company requirements, ensuring maximum relevance and measurable impact.

Who should participate?

This course is designed for professionals at all levels who deliver presentations as part of their role. It is equally suited to those new to presenting and those wishing to refine existing skills.

Typical participants include:

- Interviewers
- Meeting organisers
- Sales professionals
- Trainers
- Managers
- Executives

The course is tailored to the needs of each learner to ensure immediate workplace relevance.

English Language Competency

A good standard of written and spoken English is important to engage effectively with this programme.

What will I learn?

On successful completion of this course, learners will be able to:

- Apply structured techniques to design clear and engaging presentations
- Deliver presentations with confidence, credibility and presence
- Manage nerves effectively using proven coping strategies
- Use visual aids and multimedia tools to strengthen key messages
- Engage audiences through interaction and persuasive communication
- Respond to questions with clarity and control
- Reflect on personal presentation style and apply improvements

These outcomes provide learners with the skills to deliver presentations that make a lasting impact.

How do we train and support you?

The training methodology is practical, interactive and learner-centred. By creating a relaxed learning environment, learners can practise presentations in a safe and supportive setting. Video playback provides unique opportunities for reflection and improvement.

Support elements include:

- Pre-training consultation for In-Company courses to tailor content to learner and organisational needs
- Facilitated skills practice sessions recorded for feedback and individual reflection, allowing learners to experiment in a safe, supportive space
- Guided post-training reflective activities designed to embed learning, support behavioural change and identify future goals
- Optional personalised coaching sessions (either one-to-one or group-based)
- Live training is available virtually or delivered onsite to suit the needs of the team

Class sizes are generally limited to 10-12 participants to support personalised learning and individual support.

How can you progress?

Learners can progress to further leadership and personal development programmes that build advanced communication and influencing skills.

Options include:

- Coaching Skills for Managers
- Train the Trainer
- Leading and Managing People - QQI Level 6

These courses strengthen professional capability and support long-term career growth.

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on [CourseCheck.com](https://www.CourseCheck.com), an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



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SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

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