



TRAINING THAT DEVELOPS
REAL CAPABILITY



**Program Management Professional
(PgMP)[®] Preparation Course**

PM010

Program Management Professional (PgMP)® Preparation Course

Programme management focuses on the coordinated management of multiple related projects to achieve strategic organisational objectives and sustained business benefits. This course provides experienced project and programme professionals with a structured and practical understanding of programme management aligned to global best practice.

The Programme Management Professional (PgMP)® Preparation Course guides learners through the full programme lifecycle, from strategic alignment and governance to benefits realisation and stakeholder engagement. It equips learners with the knowledge, tools and confidence required to align their professional experience with the PgMP® standard and prepare effectively for certification.

Duration & Price

Duration: 3 days

Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please [contact us](#) for more information on our In-Company training options

What's covered?

This programme explores the principles, frameworks and practical techniques required to manage programmes that deliver strategic value. Learners develop a clear understanding of programme governance, lifecycle management and benefits realisation in line with the PgMP® standard.

- Overview of the PgMP® certification and exam application process
- Defining programme management, portfolios and projects
- Programme manager roles, responsibilities and mindset
- Programme strategy alignment and strategic fit
- Programme benefits management and value delivery
- Stakeholder engagement and communication
- Programme governance, collaboration and the role of the PMO
- Change management and programme transition
- Programme lifecycle activities and integration management
- Programme support activities across definition, planning, delivery and closure phases

The course emphasises practical application and can be tailored for In-Company delivery to reflect organisational context and strategic priorities.

Who should participate?

This course is designed for experienced professionals who are responsible for managing programmes or multiple related projects and who wish to formalise and validate their expertise through PgMP® certification. It is suitable for those who recognise programme management as a critical component of organisational strategy delivery.

Typical participants include programme managers, senior project managers, portfolio managers and professionals involved in strategic change initiatives.

A good standard of written and spoken English is important to engage effectively with this programme.

What will I learn?

On successful completion of this course, learners will be able to:

- Explain PgMP® certification requirements and complete the exam application process
- Navigate programme management processes aligned to The Standard for Program Management 5th Edition
- Apply practical programme management tools and techniques across the programme lifecycle
- Design and implement best-practice programme governance and reporting structures
- Align programme delivery with organisational strategy and business objectives
- Initiate and structure large-scale programmes to support strategic change
- Plan, manage, execute and control programmes comprising multiple related projects
- Manage stakeholders effectively to support programme success and value delivery
- Monitor programme performance and ensure the realisation of programme benefits

These outcomes ensure learners return with practical skills and knowledge necessary to lead complex programmes that deliver strategic value and measurable organisational benefits.

How will I be assessed?

This programme provides structured learning support and exam preparation activities only and does not include any formal assessment, grading or certification decision related to the PMP® certification examination. Learners must independently apply for the PMP® certification examination directly with the Project Management Institute.

As part of the course, guidance and practical advice will be provided on the application process, eligibility requirements and supporting documentation but applications / booking examinations are the sole responsibility of the learner.

Additional information on the application process and certification requirements are available at <https://www.pmi.org/certifications/program-management-pgmp>

How do we train and support you?

The programme combines structured tutor-led learning with guided self-study and exam preparation resources. Training focuses on practical understanding and application, supported by real-world examples and exam-focused techniques.

- Pre-training consultation to align learning objectives
- Live tutor-led sessions delivered virtually or face-to-face
- Comprehensive study guide and self-paced learning resources
- Full access to the PgMP® Exam Simulator with over 300 practice questions
- Ongoing tutor support and exam preparation guidance

Class sizes are generally limited 12-15 to support personalised learning and individual support. Please confirm if specific class size limits apply to this course.

How can you progress?

Learners who complete this programme may also wish to consider:

- Applying Agile & Scrum Practices in your Organisation
- Lean Six Sigma Green Belt - QQI Level 7
- Team Leadership

Tutors



Liam Dillon
[View Profile](#)

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on [CourseCheck.com](https://www.coursecheck.com), an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



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SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

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