



# **Our Expert Tutors: Health & Safety - Antaris**

SQT through our tutors Antaris, has been working with companies to implement Health and Safety systems successfully since 1998. Our highly-qualified and experienced tutor team assists companies to implement ISO 45001:2018 and Antaris is the first company in Ireland to be certified to ISO 45001. We can assist companies in several ways including conducting risk assessments, preparing occupational health and safety documentation such as procedures, process maps and manuals and ensuring that companies are kept up-to-date with their legal requirements through the Pegasus legal register. In addition, we can guide the company through the implementation process by means of customised awareness and training.

The tutor team have a wide range of technical qualifications and expertise in all Health & Safety areas to ensure they deliver the solutions and expertise you need. They have built up an excellent reputation within the industry as people who know what they are doing and focused to help you to get the right skills, to do your job efficiently.





## What our Customers say:

"I just completed my NEBOSH International Diploma in Occupational Health and Safety through SQT and under the close guidance of Finbarr Stapleton. Finbarr and SQT gave us clear directions from start to finish in regards to the course, module and exam requirements to facilitate successful completion of this very comprehensive diploma. The course contents are 100% applicable to my work which has helped me to help others to be safe in their daily work environment. Even now I often refer to the excellent course material to get detailed advise on certain H&S related topics. SQT were very supportive throughout the time it took to gain this qualification, which now gives me the scope and knowledge to excel in my current role as HSE professional."

Stephanie Cunningham, HSE Specialist, PepsiCo Ireland \* Joint BEST Candidate for the NEBOSH International Diploma globally during 2012/2013 \*

"I found 'Hazardous Chemical & Spillage Control & Waste Management' an excellent course that was specifically designed for senior technicians at NUI Maynooth. Our tutor was extremely knowledgeable and welcomed input and questions from my colleagues, and added his own relevant personal experiences on the day. The hand-out notes that arrived before the course were an excellent help, and we were impressed by the

overall professionalism of them. SQT organized a highly efficient course and I would definitely



recommend them to another institute."

#### Barbara Woods, Senior Technical Officer, National University of Ireland, Maynooth

"We recently held a training course on-site in order to provide a comprehensive development package on Internal Auditing over three management systems. SQT tutors delivered this training to a high, professional standard. Some of our company delegates were experienced in internal auditing and some less so, but the trainer managed to deliver a thorough and all-inclusive course to delegates of all knowledge levels. We will be considering SQT as our first provider for similar development courses in the future. Their level of professionalism and the course literature that was provided was exceptional."



NORLAND

#### Stephen Gormalley, Works Manager, Tegral Building Products Ltd.

"Huntstown Power Station have used SQT to deliver a number of courses; Manual Handling, Hazard Identification and Risk Assessment, Safety Representative. The standard of course material and delivery of the course has been excellent. Feedback from course participants has been very good and all found the courses hugely beneficial. The Hazard Identification and Risk Assessment training, in particular, helped to re-align understanding of how the risk assessment process should work and has greatly helped staff in generating risk assessment and also helping to accurately understand risk assessments provided by third party vendors. Due to the quality of course material and course presentation I will continue to use SQT. "

#### Kieran Adams, Operations Manager, Gensys Power Limited

"We organized a Health & Safety Representative FETAC Level 5 Training course with SQT for our on-site staff. All attendees found the course of interest and of great benefit to their daily work tasks. The net result has been increased awareness and reporting of safety issues. This in turn has reduced the risk profile of our business. SQT delivered the course in an efficient manner and the presenter's delivery was both professional and reflective of real life."

#### Eoin Doherty, Contract Manager, Norland Managed Services

"I completed my NEBOSH International Diploma in Occupational Health and Safety through SQT. As someone who had over 10 years of experience in Health and Safety I learned a lot from the course and it covers all aspects of H&S. Our tutor (Finbarr Stapleton) has excellent knowledge of the course topics and the practical application of these topics in the workplace. The group discussions were very useful to see how the topics applied to a range of industries represented on the course. Finbarr gave us clear guidance on what was needed to get the most from the course and what skills and preparation were required to pass the 3 exams and the project (Unit D) to facilitate successful completion of this very challenging diploma."

#### Bryan Mulchinock, EHS Specialist, Biopharma Industry, Dublin

Can you please pass on my thanks to Finbarr Stapleton, I got a distinction overall! Part of this result is down to Finbarr; he explained everything very well, even though it took him three attempts, he stuck with me until I got it! He answered every question I had and actively encouraged us to ask questions. Many, many thanks Finbarr for sharing your knowledge with us, it paid off for me!

David Schuller, Operations Manager, Eurolink Motorway Operations M3 Ltd,



### **Progressive Training for Progressive Organisations**

Some of the Organisations our Health & Safety tutors have trained with...

Abbott Ireland Ltd Aecom Allergan Botox Alltech Ireland Alza Ireland Ltd Analog Devices (Limerick) **Apple Operations Europe** Autolaunch Ltd. Ballina Beverages Ltd **Bam Contractors** Bausch & Lomb BIM **Biznet Cork Skillnet** Bord Gais Energy Bord na Mona Border Edge Skillnet Boxmore Plastics Ltd. Bridgestock Ltd **Bristol-Myers Squibb Cara Partners** Cardo Production Wexford Carlow/Kilkenny Skillsnet Celtic Anglian Water Celtic Linen Ltd. CG Power Systems **Changing Worlds** CommScope EMEA Ltd Covidien Cuil Didin Nursing Home Dawn Dairies Killarney Dawn Farm Foods Ltd Dawn Meats Group Dell Inc Department of Agriculture, Fisheries & Food Diageo (Guinness) **Dublin Airport Authority** Dublin Institute of Technology **Dublin Simon Community Edenderry Power Operations Electric Ireland** Element 6

FINTEC Crushing & Screening Ltd Food Safety Authority of Ireland **Foyle Food Group** Galway County Council **Gensys** Power Genzyme Ireland Ltd Glanbia Harvey Norman HJ Heinz Hollister ULC Honeywell Measurex HSE - Environmental Health Services **IBM International Holdings** Imperial Tobacco Imtech Suir Engineering Ltd INAB Ingersoll Rand Intel Ireland Ltd. Irdeto Irish Centre for Business Excellence Irish Naval Service **Irish Prison Services** Irish Rail Janssen Biologics Kerry County Council Tralee Kerry EMEA Kerry Foods **Killarney Telecommunications Ltd** Kostal Ireland Kraft Foods Ireland Production Limited Lake Region Medical Lakeland Dairies Co-Op Society Ltd. Liebherr Container Cranes Ltd. M1 Manufacturers Skillnet Mayo County Council Meath County Council Merck Millipore Met Eireann Metal Processors Ltd. Michael McNamara & Co The Brothers of Charity **Tipperary County Council** University Regional Hospital