



Our Expert Tutors: Maura Murphy & Gina Ryan

Our Leadership and Personal Development tutors are Maura Murphy and Gina Ryan. Both Maura & Gina are highly qualified and experienced Tutors, Facilitators and Professional Business Coaches and have extensive HR and Leadership Development experience in a range of organisations from Hospitality to Retail and Manufacturing.

Building on over 40 years combined experience in human resource learning and development, the tutors utilise an experiential learning approach to their programs. This methodology of learning provides an opportunity for learners to engage with, experience and apply the learning in a very practical way and also provides the opportunity for learners to receive feedback and coaching on their newly applied skills. The opportunity is also provided to learners to reflect on the full learning experience and how this might be of value to them in the achievement of their goals.

They are passionate about enabling learning and the growth of individuals within business through specific tailored learning strategies and coaching processes. They believe in programmes that create a culture of employee & personal development.

Learning does not end at the end of their courses, to assist and continue with skills development, Maura & Gina facilitate via email a post learning reflective practice utilising skills practice sessions recorded during courses. This assists delegates in embedding new learning, gives further support and enables them to define any further actions required.







"Siemens Healthcare Diagnostics Manufacturing Limited have used SQT Training to deliver the QQI level 6 Training Delivery and Evaluation Programme to a number of our employees on site. We found the programme to be very comprehensive and it has enabled our employees to operate at a whole new level in terms of knowledge and skill within the organisation and therefore has been very beneficial. The trainers were very supportive to our group and a pleasure to work with."

Pauline Gregan, Training Manager, Siemens Diagnostics Manufacturing Limited

"I received a Distinction. I thoroughly enjoyed the whole experience. From the relaxed atmosphere that prevailed from the outset to where we ended up giving a 30 minute presentation in front of people and actually looking forward to doing it. It's been a while since I undertook any course but now this has encouraged me to take an interest in continuing to Level 7 and further. I have since moved back into a training role within the company and have used many of the ideas I picked up from the course. My enthusiasm is positively reflected back from my trainees and this in turn is reflected in their work"

Christopher O'Connor, Siemens Diagnostics Manufacturing Limited

"I received feedback from a recent presentation that I did on a college assignment that I would make a great Lecturer! This was a huge improvement on feedback that I received from a presentation that I did before I took the Train the Trainer course, where my feedback "It was obvious that I was nervous". I would definitely recommend this course and SQT to any friends and colleagues"

Helena Browne, Sharepoint Administrator, Siemens Diagnostics Manufacturing Limited

"I wish to thank SQT for their exceptional consultation and delivery of the Train the Trainer QQI level 6 course within our organisation. From the outset the Tutors were keen to work with us to identify what areas we needed to focus on in our particular environment. The tutors brought a lot to the table in terms of their understanding of our industry and knowledge and experience across multiple industries which provided the participants with additional techniques and ideas.

The participants expressed how keen the tutors were to discuss their unique challenges while ensuring the key content of the course was covered to allow accreditation. The tutors approach and guidance was above my expectations and their willingness to assist the class with certification, even after the course was complete, demonstrated their commitment to client satisfaction (and enjoyment in what they do!).

On a personal note, I had many discussions with one of the Tutors over the duration of the course and she appeared really interested in improving our training, I learned a lot from her. While some people would think this is the kind of behaviour you should expect from professional training companies, I have come across a lot of "trainers" that failed to provide a good quality service.

Your Tutors are an absolute credit to your organisation and with skilled people such as them representing the company, it is easy to see why SQT are such a success. I wish all the team at SQT the very best."

Training & Development Specialist, Pharmaceutical Company, Dublin

"We recently contracted SQT to deliver the Train the Trainer course to employees and associates of PBS. The course was run on an In-House basis and we were delighted with all aspects of SQT's service. In particular SQT's helpfulness, adaptability and in essence overall professionalism. In addition we could not

speak highly enough of the course tutors who sought to understand the learning needs of each participant and thereafter customised the course delivery to cater for these.

We would strongly recommend SQT as an excellent service provider to any organisation wishing to avail of organisational and individual training development services and wish them every success for the future. "

Tom Finucane, Director, Practical Business Solutions Limited



Supervisory Management Skills Course: "One of the best presented courses I have attended. Great Dynamics, very informative, professional and fun! Tutors were very knowledgeable and friendly"

Alan Concannon, Hollister

"Following the downturn in the manufacturing industry in Ireland, this year I had to diversify and move my industry knowledge into the field of training. I am now an independent trainer. The SQT 'Trainer the Trainer' course really gave me the expertise and confidence to make this career transfer into training. The pace, delivery & atmosphere of the course were excellent. On completion of the course, I left with concrete methods, fresh ideas & an open approach to training situations. In my first job interview for a training position after the Train the Trainer course I landed the job!"

Brendan McLeer, Independent Trainer

"RR Donnelley has used SQT for a number of courses ranging from: Health & Safety; 6 Sigma and more recently; Customer Care Workshops. All tutors provided by SQT have consistently delivered to the highest, industry & best practice, standards. SQT are always willing to work closely with us to ensure that the courses we choose are tailored to our specific needs here at Donnelley. Their level of professionalism is a key cornerstone of their service. I look forward to continuing our relationship with SQT in the future, safe in the knowledge that the training they deliver; is best in class!"

Andrew Clohessy, Training Supervisor, RR Donnelley GTS



"Arvato Digital Services, Ireland, are currently in the process of transforming the business to achieve excellence in all business and operational processes using LEAN and Six Sigma methodologies. We have being using the services of SQT over the last three years to dramatically increase the intellectual capital of the organization to achieve this vision. SQT have worked closely with us to customize the Green Belt and Lean Practitioner courses to meet our needs. To facilitate the Change Management aspect of the Transformation we worked closely with Maura Murphy to develop a course customized to facilitate the change required in our culture. I found her to be extremely professional, knowledgeable and flexible. The course content was excellent with plenty of practical examples. The delivery of the course was of a very high standard with the tutor encouraged the trainees to participate and interact from the start. The skill of the tutor at making the trainees comfortable and ultimately getting to the core of the real change management issues during the course was invaluable in achieving our objectives."

John Murphy, Business Process Improvement Manager, Arvato Digital Services

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"Constant training and development is a cornerstone of Norland Managed Services approach to service delivery. Without the proper skills and development our people cannot deliver exceptional service. SQT has provided us with tailored training programmes for Team Leadership at technician level which has led to increased productivity, customer service, and better teamwork. We have found SQT to be professional, organized, and flexible; important attributes in a busy industrial maintenance environment."

Eoin Doherty, Norland Managed Services



"I found the course to be very well put together. At no point did it dwell longer on any topic than was necessary. It was delivered very well giving consideration for all attending. The standard of SQT is evident as I attended the Environmental Auditor course with SQT a few years back and found the same to be true. Thanks again for the training."

Karl Kiely, Quality Analyst, Pharmaceutical Company

"The Management & Executive Development Training was excellent. The two tutors are the best I have witnessed in a long time. I think it's a combination of their approach & method but also it's the fact that there is two people. The team was not given an opportunity to get bored or tired etc. Every member of the team that attended the first day are happy and feel they are learning which is a great achievement"

Denise Cronje, Plant Manager, Ballymaguire Foods





"For your selves, the feedback from the folks here was excellent, thoroughly enjoyed the course and more importantly (for me) found it very beneficial. Good engagement and structure and flowed well. We will definitely contact again"

Noel Wilson, Training Manager, Vistakon



Progressive Training for Progressive Organisations

Some of the Organisations Maura and Gina have trained with...

Alcon Laboratories Ireland

Amgen Kerry Foods Knockanrawley Resource Centre

Kepak

Arrotek Medical Kraft Foods

Astellas Pharma Lakeland Dairies Co-Op Society

Avenue Mould Solutions Lifewave Europe

BetEire Flow

BOC Gases Ireland

Limerick Youth Service

Logitech Ireland Services

Bristol, Myers, Squibb

Mallinckrodt Pharmaceuticals

C&D Foods Medlab Pathology

Carlow Kilkenny Skillnet MFG Meitheal Mhuscrai Celtic Anglian Water Millmount Healthcare

Central Bank of Ireland Moduslink

Clearstream Technologies Monaghan Mushrooms

Dawn Farm Foods MSD Ireland

Deutsche Bank Munster Regional Communications Centre

Diageo Mylan

Diasorin Ireland NM Consulting

Dublin Airport Authority Norland Managed Services

Element 6 Oral B Laboratories

Elsevier Ireland PepsiCo Worldwide Flavours (PWF)
Firecrest Clinical Pfizer Ireland Pharmaceuticals

Flextronics Rockwell Automation

Forest Laboratories Sennheiser Consumer Electronics Gmbh

Fyffes Bananas Shionogi Ireland

Galway Executive Skillnet Siemens Diagnostics Manufacturing Limited

GE Healthcare Simply Soups
GenCell Biosystems St James Hospital
Gilead Sciences Superior Print

Hollister ULC Syncreon Technology

Irish Blood Transfusion Service Tcoag

Irish Centre for Business Excellence TCP Homecare Group

Irish DistillersVistakon IrelandIrish Naval ServiceWaters Technologies IrelandITAG SkillnetWest Limerick Resources TUSJohn Kelly MeatsWyeth Nutritionals Ireland

Keelings Group
Keohane Seafoods

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