



## Lean Six Sigma, Process & Project Management >

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- Leadership Development

All SQT training programmes are run In-House & customised specifically to your needs.  
See below for Public programme dates and locations.  
For full programme details, visit [www.sqt-training.com](http://www.sqt-training.com)

**Get qualified. Be capable. Progress.**

## LEAN SIX SIGMA, PROCESS & PROJECT MANAGEMENT

Lean Six Sigma					
Programme Title	Days	Public Date	Location	Public €	More
<b>Introduction to Lean Six Sigma</b>	1	17 Oct	Dublin	395	More
<b>Lean Six Sigma Champion</b>	2	In-House Programme only			More
<b>Lean Six Sigma Yellow Belt - Foundation</b>	1	In-House Programme only			More
<b>Lean Six Sigma Yellow Belt – Project Based</b>	3	In-House Programme only			More
<b>Lean Six Sigma Green Belt</b> QQI Certificate in Process Engineering Special Purpose Award (7S20279) Level 7, 15 ECTS Credits (Individual Company Project Required)		17-18 Sept & 23-25 Oct	Dublin	2540 + 220 QQI Assessment & Certification Fees	More
		06-07 Nov & 10-12 Dec			
		04-05 Dec 2019 & 07-09 Jan 2020			
<b>Lean Six Sigma Green Belt</b> QQI Certificate in Process Engineering Special Purpose Award (6S20273) Level 6, 10 ECTS Credits (Case Study based)		17-18 Sept & 23-25 Oct	Dublin	1,835 + 220 QQI Assessment & Certification Fees	More
		06-07 Nov & 10-12 Dec			
		04-05 Dec 2019 & 07-09 Jan 2020			
<b>Lean Healthcare White Belt</b>	0.5	In-House Programme only			More
<b>Lean Six Sigma Black Belt</b> QQI Diploma in Process Engineering Special Purpose Award 8S20275 Level 8, 60 ECTS Credits (Individual Company Project Required)		01-04 Oct, 05-07 Nov, 03-05 Dec 19, 14-16 Jan, 11-13 Feb & 10- 13 Mar 2020	Dublin	12450 + 300 QQI Assessment & Certification Fees & PEL	More
<b>Lean Six Sigma Black Belt for Service &amp; Transacti</b> QQI Certificate in Process Engineering Special Purpose Award 8S20274 Level 8, 40 ECTS Credits (Individual Company Project Required)		12	In-House Programme only		More

*Lean Six Sigma continued*

Programme Title	Days	Public Date	Location	Public €	More
<b>Lean Six Sigma Support Programmes</b>					
<b>Emotional Intelligence &amp; its Role in Managing Effectively</b> (includes individual EQ report)	1	28 Nov	Dublin	475	More
<b>Technical Writing Skills</b>		03 Dec	Dublin	475	More
<b>5S Workplace Organisation</b>	1	In-House Programme only			More
<b>5S For the Food Industry</b>	1	05 Nov	Dublin	450	More
<b>Leading and Managing People</b> QQI Level 6 Minor Award (6N2191)	6	2020 Dates Coming Soon	Dublin	1,185 + 150 DiSC, QQI Assessment & Certification Fees	More
<b>Lean Manufacturing Tools</b>	3	In-House Programme only			More
<b>Lean Laboratory</b>	2	In-House Programme only			More
<b>Value Stream Mapping</b>	2	In-House Programme only			More
<b>Train the Trainer</b>	2 or 3	In-House Programme only			More
<b>Team Leadership</b>	1, 2 or 3	In-House Programme only			More

## Statistics & Continual Process Improvement





Programme Title	Days	Public Date	Location	Public €	More
<b>Statistics with Minitab (including Capability Analysis)</b>		01-03 Oct	Dublin	1,150	<a href="#">More</a>
<b>Statistics with Minitab (including Regression and Stability)</b>	3	In-House Programme only			<a href="#">More</a>
<b>Statistics with Minitab (including Gauge R&amp;R and Sampling)</b>	3	In-House Programme only			<a href="#">More</a>
<b>Statistics with Minitab Refresher</b>	1	In-House Programme only			<a href="#">More</a>
<b>Statistical Process Control - CPV</b> (Continued Process Verification)	2	In-House Programme only			<a href="#">More</a>
<b>Design of Experiments with Minitab</b>	3	05-07 Nov	Dublin	1,150	<a href="#">More</a>
<b>Advanced Design of Experiments</b> (with Minitab or Design Expert)	5	In-House Programme only			<a href="#">More</a>
<b>Acceptance Sampling (including AQL selection)</b>	1	08 Oct	Dublin	395	<a href="#">More</a>
<b>Failure Mode &amp; Effect Analysis</b>		12 Nov	Dublin	450	<a href="#">More</a>
<b>Root Cause Analysis (Problem Solving)</b>		09-10 Oct	Dublin	850	<a href="#">More</a>
<b>Calibration</b>		13 Nov	Dublin	450	<a href="#">More</a>
<b>Measurement Systems Analysis</b> (Advanced Calibration including Gauge R&R)	1	In-House Programme only			<a href="#">More</a>

## Project & Programme Management






Programme Title	Days	In-House Programme only	More
<b><i>Project &amp; Programme Exam Preparation Programmes</i></b>			
<b>Preparing for CAPM®</b> (Certified Associate in Project Management)	3	In-House Programme only	More
<b>Preparing for PMP®</b> (Project Management Professionals)	3 to 4	In-House Programme only	More
<b>Preparing for PgMP®</b> (Program Management Professional)	3	In-House Programme only	More
<b>Preparing for RMP®</b> (Risk Management Professional)	2	In-House Programme only	More
<b><i>Project Management</i></b>			
<b>Managing Successful Projects</b>	2	In-House Programme only	More
<b>Applying Agile and Scrum Practices in your Organisation</b>	2	In-House Programme only	More
<b>Contract / Vendor Project Management</b>	1	In-House Programme only	More
<b>Project Risk Management</b>	1	In-House Programme only	More
<b><i>Project and Programme Applications</i></b>			
<b>MS Project – Introduction</b>	1	In-House Programme only	More
<b>MS Project – Intermediate</b>	1	In-House Programme only	More
<b>MS Project – Advanced</b>	1	In-House Programme only	More



## COMPLIANCE / STANDARDS / AUDITING

Quality					
Programme Title	Days	Public Date	Location	Public €	More
<b>ISO 9001:2015 Foundation (QMS)</b> This Programme (FD116) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 18062 		01 Oct	Limerick	395 + 25 IRCA Exam Fees	More
		03 Dec	Dublin		
<b>ISO 9001:2015 Overview for Managers (QMS)</b>	0.5	In-House Programme only			More
<b>ISO 9001:2015 Internal Auditor (QMS)</b> This Programme (PT236) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 17985 	2	11-12 Sept	Dublin	595 + 30 IRCA Exam Fees	More
		02-03 Oct	Limerick		
		23-24 Oct	Dublin		
		13-14 Nov	Cork		
		04-05 Dec	Dublin		
<b>ISO 9001:2015 Auditor Transition (QMS)</b> This Programme (PT2333) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 1821. (Includes Module 1 - Annex SL) 	2	In-House Programme only			More
		24-25 Sept	Dublin	650	
<b>Internal Auditing - Integrated Management Systems</b> (ISO 9001, ISO 14001 and ISO 45001) (ISO 45001 replaces OHSAS 18001)  <i>Tailored 2 or 3 day In-House course available with a choice of standards</i>		26-27 Nov			
<b>IATF 16949:2016 Internal Auditor</b>	2	In-House Programme only			More
<b>ISO 9001:2015 Refresher Internal Auditor (QMS)</b>	1	In-House Programme only			More
<b>ISO 9001:2015 Lead Auditor (QMS)</b> This Programme (PR328) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 1823 	5	23-27 Sept	Dublin	1,280 + 35 IRCA Exam Fees	More
		07-11 Oct	Limerick		
		04-08 Nov	Dublin		
		09-13 Dec	Dublin		
<b>Developing a Process-based Quality Management System for ISO 9001:2015</b>	1	In-House Programme only			More
<b>Documenting Management Systems</b>	1	08 Oct	Dublin	450	More
<b>Technical Writing Skills</b>	1	03 Dec	Dublin	475	More

## Environment & Energy Management

Programme Title	Days	Public Date	Location	Public €	More
<b>NEBOSH</b>					
<b>NEBOSH Certificate in Environmental Management</b> 	5	04-08 Nov Exam : 04 Dec	Dublin	1,300 + 190 NEBOSH Fees	More
<b>NEBOSH Award in Environmental Awareness at Work</b> 	1	In-House Programme only			More
<b>Environment</b>					
<b>ISO 14001:2015 Overview (EMS)</b>	1	29 Oct	Dublin	395	More
<b>ISO 14001:2015 Overview for Managers (EMS)</b>	0.5	In-House Programme only			More
<b>ISO 14001:2015 Implementation (EMS)</b>	1	In-House Programme only			More
<b>ISO 14001:2015 Auditor Transition (EMS)</b> This Programme (PT215 & PT216) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 18053 (Includes Module 1 - Annex SL) 	2	In-House Programme only			More
<b>ISO 14001:2015 Internal Auditor (EMS)</b> This Programme (PT218) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 1744 	2	10-11 Sep 10-11 Dec	Dublin	595 + 30 IRCA Exam Fees	More
<b>Internal Auditing - Integrated Management Systems</b> (ISO 9001, ISO 14001 and ISO 45001) (ISO 45001 replaces OHSAS 18001)  <i>Tailored 2 or 3 day In-House course available with a choice of standards</i>	2	24-25 Sept 26-27 Nov	Dublin	650	More
<b>IEMA Lead Environmental Auditor (Ireland) (ISO 14001:2015)</b> 	5	25-29 Nov	Dublin	1,395	More
<b>Environmental Legislation</b>	1	30 Oct	Dublin	450	More
<b>Hazardous Chemical &amp; Spillage Control</b>	1	31 Oct	Dublin	395	More
<b>Waste Management / Minimisation</b>	1	In-House Programme only			More
<b>Documenting Management Systems</b>	1	08 Oct	Dublin	450	More








**Environment & Energy Management continued**

Programme Title	Days	Public Date	Location	Public €	More	
<b>Energy</b>						
<b>ISO 50001:2018 Introduction (Energy Management Systems)</b>	0.5	In-House Programme only			More	
<b>ISO 50001:2018 Implementation (Energy Management System)</b>	2	In-House Programme only			More	
<b>IEMA ISO 50001:2018 Internal Energy Management System Auditor</b>		2	09-10 Oct	Dublin	595	More
<b>Energy Management Systems (EnMS) Auditor/Lead Auditor</b> - Pending IRCA approval	5	In-House Programme only			More	
<b>Certified Energy Manager</b> Awarded by the Association of Energy Engineers		6	10-12 Sept & 01-03 Oct 26-28 Nov & 16-18 Dec	Dublin	1,675 + 500 AEE Exam Fees and certification	More
<b>Certified Energy Auditor</b> Awarded by the Association of Energy Engineers	4	In-House Programme only			More	
<b>Certified Measurement &amp; Verification Professional (CMVP® Training, Applying IPMVP and CMVP® Exam)</b> This training is delivered by the Association of Energy Engineers (Irish Chapter) organised by SQT on their behalf.	   	3	22-24 Oct	Dublin	1,250 + 500 AEE Exam Fees and certification There is a discount of €100 for EVO® subscribers & Current AEE Certified Professionals	More





## Health & Safety

Programme Title	Days	Public Date	Location	Public €	More
<b>NEBOSH</b>					
<b>NEBOSH International General Certificate in Occupational Health and Safety</b> Equivalent to NFQ Level 5 	10	14-18 Oct, 11-13 Nov & 25-26 Nov Exam: 04 Dec	Dublin	1,995 + 150 NEBOSH Exam Fees	More
<b>NEBOSH International Diploma in Occupational Health and Safety</b> (Supported Distance Learning Course) Equivalent to NFQ Level 8 	15	<b>Unit A:</b> 19 Sept, 23 Oct, 14 Nov, 28 Nov, 12 Dec 2019 <b>Exam:</b> 15 Jan 2020 <b>Unit B:</b> 6 Feb, 5 Mar, 9 Apr, 7 May, 11 June 2020 <b>Exam:</b> TBC <b>Unit C:</b> Sept 10, 1 Oct, 29 Oct, 19 Nov, 10 Dec 2020, <b>Exam:</b> TBC	Dublin	4,445 + 550 NEBOSH Fees (Enrolment and Unit A, B, C & D Exam Fees)	More
<b>NEBOSH International Certificate in Fire Safety and Risk Management</b> 	10	In-House Programme only			More
<b>ISO 45001</b>					
<b>ISO 45001:2018 Foundation (OH&amp;SMS)</b> This Programme (FD127) is presented by Antaris (01185832) CQI & IRCA Certified - Programme Ref 1989 	1	23 Sept 03 Dec	Dublin	395 + 25 IRCA Exam Fees	More
<b>ISO 45001:2018 Implementation (OH&amp;SMS)</b>	1	21 Oct	Dublin	450	More
<b>ISO 45001:2018 Internal Auditor (OH&amp;SMS)</b> This Programme (PT249) is presented by Antaris (01185832) CQI and IRCA Certified - Programme Ref 1971 	2	24-25 Sept 04-05 Dec 25 - 26 Mar	Dublin	595 + 30 IRCA Exam Fees	More
<b>ISO 45001:2018 (Combined) Auditor Migration (OH&amp;SMS)</b> This Programme (PT250) is presented by Antaris (01185832) CQI & IRCA Certified - Programme Ref 1984 	2	16 - 17 Sep 17 - 18 Dec 11-15 Feb	Dublin	595 + 30 IRCA Exam Fees	More
<b>ISO 45001:2018 Lead Auditor (OH&amp;SMS)</b> This Programme (PR357) is presented by Antaris (01185832) CQI & IRCA Certified - Programme Ref 1942 	5	27-31 May 02-06 Sept 18-22 Nov	Dublin	1,395 + 35 IRCA Exam Fees	More
<b>ISO 45001:2018 Overview for Managers (OH&amp;SMS)</b>	1	In-House Programme only			More

## Health & Safety continued

Programme Title	Days	Public Date	Location	Public €	More
<b>Internal Auditing - Integrated Management Systems</b> (ISO 9001, ISO 14001 and ISO 45001) (ISO 45001 replaces OHSAS 18001)  <i>Tailored 2 or 3 day In-House course available with a choice of standards</i>	2	24-25 Sept	Dublin	650	More
		26-27 Nov			
<b>Behavioural Based Safety</b> (including auditing)	2	In-House Programme only			More
<b>Health &amp; Safety for Safety Representatives</b>	3	22-24 Oct	Dublin	795	More
<b>Health &amp; Safety Hazard Identification &amp; Risk Assessment</b>	1	06 Nov	Dublin	450	More
<b>Health &amp; Safety Legislation</b>	1	27 Nov	Dublin	450	More
<b>Documenting Management Systems</b>	1	08 Oct	Dublin	450	More
<b>ATEX Safety, Health and Welfare at Work (General Application) Regulations 2007</b>	1	29 Nov	Dublin	450	More
<b>Chemical Risk Assessment</b>	1	07 Oct	Dublin	450	More
<b>Biological Agents</b>	1	22 Oct	Dublin	395	More
<b>Confined Space Entry</b>	1	In-House Programme only			More
<b>Construction Safety Management / 2013 Safety Regulations</b>	1	In-House Programme only			More
<b>Identification and Naming of Substances under REACH and CLP</b>	1	In-House Programme only			More
<b>Machinery Directive: CE Marking for Users &amp; Suppliers of Machines and Safety Components</b>	1	In-House Programme only			More
<b>Manual Handling</b>	0.5	In-House Programme only			More
<b>Manual Handling Instructor</b> QQI Level 6 Special Purpose Award (6S0242)	5	In-House Programme only			More
<b>Overview of Safety, Health and Welfare at Work (Construction) Regulations 2013</b>	0.5	In-House Programme only			More
<b>VDU Risk Assessment and Ergonomics</b>	1	In-House Programme only			More
<b>Health &amp; Safety Management in the Office</b>	2	In-House Programme only			More
<b>Working at Heights</b>	1	In-House Programme only			More

## Food Safety

Programme Title	Days	Public Date	Location	Public €	More
<b>HACCP Overview / Refresher</b>	1	07 Nov	Dublin	395	More
<b>HACCP Implementation &amp; Verification</b> QQI Level 5 Special Purpose Award (5S20009) 	2	08-09 Oct	Limerick	605 + 145 QQI Assessment & Certification Fees	More
		22-23 Oct	Dublin		
		03-04 Dec	Dublin		
<b>Advanced HACCP Design and Validation based on Risk Assessment</b> QQI Level 6 Special Purpose Award (6S20007) 	2	18-19 Sep	Dublin	605 + 145 QQI Assessment & Certification Fees	More
		26-27 Nov			
<b>Food Standards Auditing (BRC, HACCP, ISO 22000, FSSC, Hygiene Packages)</b> QQI Level 6 Special Purpose Award (6S2178/6N2161) 	2	11-12 Sept	Dublin	605 + 145 QQI Assessment & Certification Fees	More
		19-20 Nov			
<b>Fundamentals of Food Standards Auditing</b>	1	In-House Programme only			More
<b>Food Safety Modernisation Act (FSMA) FSPCA Preventive Controls for Human Food (PCQI)</b> 	2.5	8 -10 Oct	Dublin	1,020 + 75 Certification (FSMA)	More
<b>Food Safety Modernisation Act (FSMA)</b>	1	24 Oct	Dublin	450	More
<b>Food Safety Culture</b>	1	01 Oct	Dublin	395	More
<b>TACCP &amp; VACCP, Food Defence, Biovigilance &amp; Bioterrorism</b> (Food Fraud/PAS 96)	2	24-25 Sept	Dublin	650	More
		17-18 Dec			

**Food Safety continued**

Programme Title	Days	Public Date	Location	Public €	More
BRC Global Standard for Food Safety - Issue 8	1	03 Sept	Dublin	395	More
		28 Nov			
BRC Global Standards for: - Packaging and Packaging Materials - Agents and Brokers - Consumer Products - Storage and Distribution	1	In-House Programme only			More
Instructor Skills for the Food Industry	2	02-03 Oct	Dublin	650	More
Food Allergen Control	1	06 Nov	Dublin	450	More
5S For the Food Industry	1	05 Nov	Dublin	450	More
Risk Assessment & Communication for the Food Industry (ISO 31000)	1	In-House Programme only			More
Validation of Food Safety Management Systems (FSMS)	1	21 Nov	Dublin	450	More
Basic Microbiology for the Food Industry	1	In-House Programme only			More
TACCP & VACCP, Food Defence, Biovigilance & Bioterrorism (Food Fraud/PAS 96)	1	In-House Programme only			More
Food Hygiene & Safety	0.5 to 1	In-House Programme only			More
Introduction to Food Safety Legislation	1	In-House Programme only			More
ISO 9001 to ISO 22000 Conversion (FSSC)	1	In-House Programme only			More
<b>CIEH</b>					
CIEH - Food Safety Principles and Practice	1	In-House Programme only			More
CIEH - Food Safety Supervision		2	In-House Programme only		More



## Life Sciences

Programme Title	Days	Public Date	Location	Public €	More
ISO 13485 2016	1	12 Nov	Dublin	450	More
The Medical Device Regulation (CE Marking Process Key Updates)	1	13 Nov	Dublin	450	More
ISO 13485:2016 & the Medical Device Regulation (CE Marking Process)	2	In-House Programme only			More
Medical Device FDA QSR & QSIT	2	23-24 Oct	Dublin	850	More
MDSAP: The Medical Device Single Audit Programme	2	In-House Programme only			More
MDSAP Internal Quality Auditor	2	In-House Programme only			More
Internal Quality Auditing for: - Manufacturers of Medical Devices - Manufacturers of Active Pharmaceutical Ingredients - Manufacturers of Finished Pharmaceuticals	2	In-House Programme only In-House Programme only In-House Programme only			More More More
CAPA for the Medical Device Industry	1	27 Nov	Dublin	475	More
CAPA for the Pharmaceutical Industry	1	In-House Programme only			More
Pharma and Medical Device Industry Introduction	2	In-House Programme only			More
Process Validation & Equipment Validation	2	22-23 Oct	Dublin	895	More
Quality Risk Management and ISO 14971 - Medical Devices	1	28 Nov	Dublin	475	More
Software Validation	2	05-06 Nov	Dublin	895	More
Technical Writing Skills	1	03 Dec	Dublin	475	More
GMP for: - Manufacturers of Active Pharmaceutical Ingredients - Manufacturers of Finished Pharmaceuticals	1	In-House Programme only			More More

*Life Sciences continued*


Programme Title	Days	Public Date	Location	Public €	More
<b>21 CFR Part 11 Electronic Records and Electronic Signatures</b>	1	In-House Programme only			More
<b>Cleanroom</b>					
<b>Controlling Contamination within the Cleanroom</b>	1	In-House Programme only			More
<b>Effective Cleaning of a Cleanroom</b>	1	In-House Programme only			More
<b>Cleanroom Microbiology</b>	1	15 Oct	Dublin	395	More

**Laboratory**

Programme Title	Days	Public Date	Location	Public €	More
<b>Laboratory Safety</b>	1	05 Nov	Dublin	450	More
<b>Good Laboratory Practice (QMS ISO 17025 2017)</b>	1	02 Oct	Dublin	450	More
<b>Laboratory Software Validation</b>	1	15 Oct	Dublin	475	More
<b>ISO 17025 Internal Quality Auditing for Laboratories</b>	2	In-House Programme only			More
<b>Lean Laboratory</b>	2	In-House Programme only			More




## Hospitals / Medical

Programme Title	Days	Public Date	Location	Public €	More
<i>Many Programmes in other sections are relevant to Hospitals/Medical. Specific Programmes are as follows:</i>					
<b>Quality Management Systems for Medical Laboratories (ISO 15189, Process based approach)</b>	1	In-House Programme only			More
<b>ISO 15189 Internal Quality Auditing of Medical Laboratory Quality Management Systems</b>	2	In-House Programme only			More
<b>Lean Healthcare White Belt</b>	0.5	In-House Programme only			More
<b>Lean Six Sigma Green Belt</b> QQI Certificate in Process Engineering Special Purpose Award (7S20279) Level 7, 15 ECTS Credits (Individual Company Project Required)	5	17-18 Sept & 23-25 Oct	Dublin	2540 + 220 QQI Assessment & Certification Fees	More
		06-07 Nov & 10-12 Dec			
		04-05 Dec 2019 & 07-09 Jan 2020			
<b>Lean Six Sigma Black Belt for Service &amp; Transaction</b> QQI Certificate in Process Engineering Special Purpose Award 8S20274 Level 8, 40 ECTS Credits (Individual Company Project Required)	12	In-House Programme only			More
<b>Technical Writing Skills</b>	1	03 Dec	Dublin	475	More
<b>Lean Laboratory</b>	2	In-House Programme only			More
					
<b>Information Security</b>					
<b>ISO 27001:2017 Internal Auditor (ISMS)</b>	1	13 - 14 Nov	Dublin	595 + 30 IRCA fees	More

## LEADERSHIP & PERSONAL DEVELOPMENT

### Train the Trainer

Programme Title	Days	Public Date	Location	Public €	More
<b>Training Needs Identification and Design*</b> QQI Level 6 Minor Award (6N3325) 	5	In-House Programme only			More
<b>Training Delivery &amp; Evaluation*</b> QQI Level 6 Minor Award (6N3326) 	5	In-House Programme only			More
* Successful completion of the above two modules will lead to the Training and Development Special Purpose Award Level 6 (6S3372)					
<b>Train the Trainer</b>	2 or 3	In-House Programme only			More
<b>Train the Trainer for Industry</b> (Production, Process and Quality Environments) 1,2 or 3 day In-House Course available	2	06 & 14 Nov	Dublin	595	More
<b>Instructor Skills for the Food Industry</b>	2	02-03 Oct	Dublin	650	More

### Personal Development

Programme Title	Days	Public Date	Location	Public €	More
<b>Techniques for Successful Communication</b>	1 or 2	In-House Programme only			More
<b>Creative Thinking</b>	1	In-House Programme only			More
<b>Customer Care &amp; Contact Skills</b>	1, 2 or 3	In-House Programme only			More
<b>Dealing with Challenging Situations and People</b>	2	In-House Programme only			More
<b>Effective Meeting Skills</b>	0.5 or 1	In-House Programme only			More
<b>Effective Time Management</b>	1	In-House Programme only			More
<b>How to stay Resilient in the Workplace</b>	1 or 2	In-House Programme only			More
<b>Presentation Skills</b>	1 or 2	In-House Programme only			More
<b>Storytelling for Business - How to Connect, Enthuse and Engage through Storytelling</b>	1	In-House Programme only			More
<b>Technical Writing Skills</b>	1	03 Dec	Dublin	475	More

*One to One Coaching and DiSC profiling and assessment are both available in addition to the above Programmes*



## Leadership Development

<b>Leading and Managing People</b> QQI Level 6 Minor Award (6N2191)	 6	2020 Dates Coming Soon			<a href="#">More</a>
<b>Emotional Intelligence &amp; its Role in Managing Effectively</b> (includes individual EQ report)	1	28 Nov	Dublin	475	<a href="#">More</a>
<b>Coaching Skills for People Managers</b>	2	In-House Programme only			<a href="#">More</a>
<b>Interviewing and Selection Skills</b>	1 or 2	In-House Programme only			<a href="#">More</a>
<b>Management &amp; Executive Development</b>	1, 2 or 3	In-House Programme only			<a href="#">More</a>
<b>Managing Performance Effectively</b>	1 or 2	In-House Programme only			<a href="#">More</a>
<b>Supervisory Management Skills</b>	2	03-04 Dec	Dublin	595	<a href="#">More</a>
<b>Team Leadership</b>	1, 2 or 3	In-House Programme only			<a href="#">More</a>

